

## **CROSS COUNTRY SKI ASSOCIATION OF MANITOBA (CCSAM) SKI TEAM SELECTION POLICY**

### **2011 CANADA WINTER GAMES**

FEBRUARY 11 – 27, 2011  
HALIFAX, NOVA SCOTIA

#### **PHILOSOPHY**

The Selection Committee will select a team of the 10 strongest CCSAM skiers. The Selection Committee will choose a team of 5 male and 5 female CCSAM High Performance Program athletes who have proven to possess a very high level of fitness, dedication and mental preparedness necessary to compete in all 4 events at the Canada Winter Games. In addition to the 10 team athletes, 2 alternates (1 female, 1 male) will be selected and may be asked to join the team in the event that replacements are necessary.

#### **2011 CANADA WINTER GAMES (CWG) EVENTS**

##### **Male events:**

4 x 5 km relay (2 free technique, 2 classical technique legs)  
900 – 1200 metre Sprints (free technique, top 30 to quarterfinal heats)  
10 km free technique, interval starts  
15 km classic technique, mass start

##### **Female events:**

4 x 3.75 km relay (2 free technique, 2 classical technique legs)  
900 – 1200 metre Sprints (free technique, top 30 to quarterfinal heats)  
7.5 km free technique, interval starts  
10 km classic free technique, mass start

#### **ELIGIBILITY**

All athletes must:

- Be a member of a CCSAM club and be registered in the CCSAM High Performance program.
- Be 23 years of age or younger (in the Games year), born 1988 or later.
- Have a valid CCC racing license
- Not compete for a team position on a CWG team other than Manitoba.

N.B.: Athletes named for the first time to the National Senior Ski Team for the 2010/2011 season are eligible provided they do not participate in World Cup, World Championship or OWG events after November 13, 2010.

#### **SELECTION PROCESS**

The Selection Committee will select the 2011 CWG team members as follows:

1. Individual results from 4 selection races will be assigned a point value:
  - 2 selection races in 2009-10 (see below) will be worth 40% of the athlete's total selection score and,
  - 2 selection races in December 2010 (to be scheduled September 2010) will be worth 60% of the athlete's total selection score.

2. If the selection race results do not allow the selection committee to select a full team to their satisfaction then the selection committee may use other criteria to select the final team. Other criteria may include:
  - CCC or FIS sanctioned race results, particularly in the 2010/11 competitive season (especially in cases where potential athletes are unable to compete in selection events).
  - Recommendations made by CWG coaches &/or personal coaches.
3. Athlete's training and competing outside of the CCSAM division (e.g. NTDC or University athletes attending school outside of Manitoba) will be allowed to substitute the selection races defined in this document with equivalent races upon approval, in advance, by the Selection Committee.
4. Athletes must apply in writing to the CCSAM High Performance Committee to request consideration for team selection based on performances other than the 4 selection races defined in this document.
5. Once selected, all athletes are expected to continue at or above the performance level attained at the time of their selection. If an athlete's performance level is not maintained then the High Performance Committee, in consultation with the CWG coaches, will have the power to reevaluate the athlete and the athlete may be removed from the team.

## **SELECTION RACES**

### 2009/2010

1. Provincial Championship Classic Race, Feb 13, 2010 – Pinawa, MB
  - **Or** pre-approved substitute
2. Provincial Championship Freestyle Race, Feb 14, 2010 – Pinawa, MB
  - **Or** pre-approved substitute

### 2010/2011

3. Selection Classic Race, Dec 2010 – exact date / location TBA
  - **Or** pre-approved substitute
  - Format and distance to closely match CWG2011 events where possible
4. Selection Freestyle Race, Dec 2010 – exact date / location TBA
  - **Or** pre-approved substitute
  - Format and distance to closely match CWG2011 events where possible

## **POINT SYSTEM**

Individual athlete results in the selection races defined above will be assigned a point value according to the individual results in each race. For races 1 & 2 points will be assigned according to the individual athlete's finishing time in relation to the winning time in their respective age category. The value of races 1 & 2 will be worth 40% of the athlete's total selection score. For races 3 & 4 athletes will compete with each other for the final 60% of their selection score. There will be no age category separation in selection races 3 & 4.

## **APPEAL PROCESS**

Decisions made by the High Performance / Team Selection Committee are final and not subject to appeal. Please refer to the CCSAM Alternative Dispute Resolution and Appeals Policy.